

Psychology and Self

Course Outline

Description:

It seems that most of us are interested in the thoughts, motivation, and behaviour of those around us and how that differs from our own. This course has been designed to give a brief look at some psychological insights into ourselves, and by extension, others. We will look at some theories of behaviour, personality and development as well as some of the things that may influence them such as our biology and our relationships. The course is a standalone course for those with a general interest in psychology in everyday lives but much of the material is background to the Year 12 WACE Psychology course.

NB: This course may show videos of psychological experiments that students may find confronting.

Week	Content
1	What is psychology?
2 - 4	Personality - Theories, tests and applications
5	Biology and learning
6	Development
7 - 8	Intelligence - what it is and how to find it
9	Us and Others - relationships and groups
10	Culture and Society