# Public Speaking

## (10 weeks)

## Course Outline

### Program Overview:

Having the skills to structure a presentation correctly is essential for a successful outcome. In order to deliver an effective and memorable presentation, one also needs to be aware of Body Language. Working the Speech, Speaker and Audience together is vital to any presentation.

### Course Content:

- Relaxation Techniques
- Speech Structure
- Use of Body Language
- Role Plays – putting theory into practice
- Impromptu Presentations
- ‘Selling’ oneself and one’s presentation/service
- Image portrayal to audience
- Visuals to re-enforce verbals
- Constructive Critiques, on an individual basis, to help one become aware of where to improve

### Learning Outcomes:

This Course will enable you to:

- Structure a speech which is easily understood by the audience
- Becoming aware of Body Language and its importance to the presentation
- Knowing how to work the Speech, Speaker, Audience together
- Impromptu speeches give one the ability to think on one’s feet, at a moment’s notice
- Giving a successful presentation is ‘selling’ oneself and the Product/Service - a bonus for more bookings!